

# MAKE A GRATITUDE DICE

Cut and glue your cube. Roll the dice and take turns answering the questions.

*Play everyday.*

**What are you looking forward to?**



*Gratitude means taking time to notice the things that are good in life.*

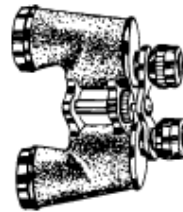
**What's the kindest thing someone has done for you recently?**



**What made you laugh today?**



**What's the most beautiful thing you saw today?**



**Who have you enjoyed being around?**



*Practicing gratitude can make you happier*

**What's the best thing that's happened so far today?**



*Play alone or with someone you trust.*